



Dear Parent(s),

Our school is about to start using School Day Wellbeing, a new solution that focuses on wellbeing in the school community.

The aim of our wellbeing project is to collect information about the wellbeing of our students. Students answer short questions about their wellbeing in the School Day Wellbeing app daily by tapping on the icons on the screen. It is easy and quick, and it will be done during lessons.

The questions in the School Day App are about external conditions, social relationships, means for self-fulfillment, healthy lifestyle and social-emotional skills. The School Day Wellbeing Model is based on scientific research on student wellbeing and it is designed in Finland by experienced educators and educational scientists.

The information collected by the app belongs to school and is stored safely in a cloud. Depending on the individual access rights, the staff can analyze data on a school level or class level. Data about individual students will not be made available to anyone.

School Day App can be downloaded on a phone, tablet or Chromebook from the App Store or Google Play. You can use your school account to access School Day Wellbeing.

We sincerely accept this opportunity to enhance student wellbeing and look forward to helping improve the school community.

By signing this document, I as a guardian acknowledge that I understand and agree to using School Day Wellbeing to collect and analyze anonymous student wellbeing data concerning my child.

Child's name \_\_\_\_\_

Parent signature #1 \_\_\_\_\_

Parent signature #2 \_\_\_\_\_

Date \_\_\_\_\_

